

Summer activities at the Rauhalampi area 2013



INFORMATION FOR VISITORS STAYING AT THE CAMPING SITE

Caravan must be parked on the field and cars on the asphalt next to the caravans. Please remember the safety distance 4 metres!

Morning sauna free of charge at saunas 1 & 2, daily 9.00-11.00. Separate saunas for women and men. Family saunas available on request from the reception. Price: families 18 e / 50 min.

Grilling places are available for the use of site visitors. Firewood can be bought from the reception.

No noise is allowed on the site between the hours of 24.00 and 06.00. During this period, it is forbidden to drive a car, have loud conversations or listen to music etc. There is a security guard patrolling the site. Please let the staff know of all possible disturbance, tel. +358 17 473 000. Rauhalampi Holiday Centre is not responsible for belongings left unattended outside the cottages.

Service buildings are cleaned every morning. Each building is closed during cleaning. We ask for your patience so that the cleaning can be completed efficiently and to your satisfaction. Exact cleaning times can be found on the building doors.

Check-out of the cottages on the day of departure by 12.00. Please return the key and gate card to the reception. Check-out of the camping site (caravan / tent) by 23.00.

Reception tel +358 17 473 000
www.visitrauhalampi.fi

CAMPING SITE SUMMER RESTAURANT

Breakfast 8.30-10.30. Price 7,50 e / adult and 4,80 e / child (3-11 yrs.)

Lunch 11.00-14.00. Price 10,50 e / adult and 6,00 e / child (3-11 yrs.). Restaurant also serves tasty à la carte, steak, pasta, pizza and hamburger meals as well as cool summer beverages. Take away freshly baked bread for breakfast and delicious pizzas for dinner.

Restaurant tel. +358 17 473 080

MINI SHOP STORE

Basic groceries, fresh bread, ice cream, candy and souvenirs can be bought in the shop which is next to the Summer Restaurant. The shop is open 14.6.-3.8. daily 12-21. When store is closed, grocery can be bought from the restaurant.

CHILDREN'S RAUHALAMPI

Rauhalampi Kids Card gives discounts for children at different attractions in Kuopio. The card is available from the Spa Hotel reception and the Holiday Centre.

Minigolf can be played at the camping site. Equipment rental from the reception of Rauhalampi Holiday Centre. Prices: 3,50 e / adult, 3 e / child 4-14 years old.

The beach is child-friendly. Children must be supervised at all times!

RESTAURANTS AT SPA HOTEL

Four different restaurants available at Spa Hotel Rauhalampi. Sofia C restaurant offers a pleasant atmosphere to socialise and dine in with the whole family. At Pub & Café Old Man Lode enjoy the café fare and Irish-style pub atmosphere. Dance restaurant Estradi has live music on Wednesdays, Fridays and Saturdays. Karaoke nightclub R, with its state of the art equipment and fantastic choice of songs, is a paradise for singers and audiences alike.

Restaurants tel. +358 30 608 3370
www.rauhalahti.fi

DINING AT SPA HOTEL

Delicious à la carte: for example fish, steaks, Finnish specialties, salads, soups, desserts. Also pizza, pasta, sandwiches, bruschetta and children's menu. Food can be ordered from the menu both in the restaurant and on the terrace on Sundays at 11-22.30, on Mondays, Tuesdays and Thursdays at 11-23, on Wednesdays, Fridays and Saturdays at 11-23.30. Hamburgers and kebab are available at Scanburger at the Spa daily at 11-21, on Sundays at 11-19.30. **Ask also Take Away -meals.**

Breakfast buffet at 7-10, on Sundays at 8-10.30. Price 10 e / adult, 5 e / child 4-14 yrs.

Lunch buffet on weekdays at 11.00-14.00, on at Sundays 12.00-15.00. Price 16 e / adult, 8 e / child 4-14 yrs.

Dinner buffet is served on weekdays at 17.00-19.00, on Sundays at 16.30-19.00. Price 18 e / adult, 9 e / child 4-14 yrs.

DANCING AND KARAOKE

Live music every Wed, Fri and Sat. The dance restaurant is open on Wednesdays at 21.00-02.00, on Fridays and Saturdays at 21.00-03.00. The Karaoke -nightclub is open Mon-Sat daily from 21.00. There is free admission to the karaoke nights on Mon, Tue and Thurs, but on Wed, Fri and Sat there is an admission charge for the karaoke-nightclub and dance restaurant.



SPA AND TREATMENTS

The Rauhalampi spa is open daily at 7-22, except on Sundays at 8-20. Spa tickets (2 hours) 12,50 e / adult, 7 e / child 4-14 yrs. **Camping site guests 10 e / adult, 5 e / child 4-14 yrs.** Tickets are sold up to one hour before closing time.

The therapy department is open from Monday to Friday at 9-20 and on Saturday at 9-16. Treatment baths are available daily at 9-21, on Sundays at 9-19.

Book appointments for: massage therapist and specialised massages, beauty therapist, hairdresser and spa.

The gym is open daily at 9-22, except on Sundays at 9-20. Price 6,50 e / person.

Spa and treatment bookings
tel. +358 30 608 3180, www.rauhalahti.fi

FINNISH TRADITIONAL EVENINGS

Enjoy the traditional atmosphere at Jätkänkämpä, an authentic Lumberjack Lodge from the 1950s. The lodge is situated by Kallavesi lake, only 600 m from the Spa Hotel. The world's biggest smoke sauna is situated in the grounds of the Jätkänkämpä Lumberjack Lodge. Traditional evenings are arranged on Tuesdays throughout the year and 6.6.-22.8.2013 on Thursdays also.

Programme: the smoke sauna is available at 16-22, dinner is served at 16-20 (On Tuesdays Robbers' Roast, on Thursdays Smoked Salmon), Lumberjack's demonstrations at 18 and 20, live accordion music at 17-21.

Prices: Smoke sauna 12 e / adult, 6 e / child 4-14 yrs. Hotel guests 7 e / 3,50 e. Dinner 21 e / adult, 10,50 e / child 4-14 yrs. Free admission to area.

Further information tel. +358 30 608 30
www.rauhalahti.fi



KIVILAMPI FISHING AREA

The Kivilampi fishing area offers great fishing experiences all the year round. Good-sized rainbow trouts are released to the fishing area for both fishing experts and beginners to catch. There are also naturally large perch, pike and different roaches in the pond. Fishing licence costs 17 e / day / person. Licences can be purchased from AdventureKuopio and the reception of Rauhalampi Holiday Centre.

ADVENTURE KUOPIO & RENT POINT RAUHALAMPI

Rent Point Rauhalampi open: 1.-16.6. Fri-Sat 9.30-17, 17.6.-18.8. Mon-Sat 9.30-17

Rent prices	1 h	Day 9.30-17	24 h
Canoe	10 e	30 e	40 e
Cayak	10 e	30 e	40 e
Cayak for 2 pers.	10 e	40 e	50 e
Rowing boat	10 e	30 e	40 e
Bicycle	5 e	20 e	40 e
Fishing equipment	10 e / 2 h	20 e	40 e
Motor boats, prices from	30 e / h		

Also ATVs, jetskis, paintball, snowmobiles, fishing trips.

Further information:
www.seikkailukuopio.fi,
sales@seikkailukuopio.fi

RAUHALAMPI BOWLING

12 bowling alleys, billiards and minigolf.

Further information:
www.rauhalahtibowling.fi
Tel. +358 40 557 0300



ORGANISED LEISURE PROGRAMME

Spa Hotel Rauhalampi offers organised holiday activities from Monday to Saturday: wall-climbing, water gymnastics, circuit training, disco and karaoke for kids, guided Nordic stick-walking, kids' adventure etc.

For the hotel guests mostly free of charge, the others 5 e / programme / person.

More information: hotel reception or
www.rauhalahti.fi

CRUISES TO THE CITY

M/S Queen R Mon-Sun 24.6.-11.8.2013

Tickets: One way 7 e (child 3,50 e), round trip 13 e (child 7 e).

A café and a fully licenced restaurant on board.

Harbour	Rauhalampi	Harbour
09.00	09.30	10.45
13.30	14.00	15.15
17.30	18.00	19.15

Kuopion Roll Risteilyt puh. +358 17 266 2466,
www.roll.fi

M/S Salmatar Mon-Sat 25.6.-9.8.2013

Tickets: One way 7 e (child 4 e), round trip 14 e (child 8 e)

Harbour	Camping	Hotel	Hietasalo	Harbour
10.00	10.30	10.35		11.15
14.00	14.30	14.35	15.10	15.45
16.00	16.30	16.35	17.10	17.45
18.00	18.30	18.35		19.15
19.30	20.10	20.15		20.45

Koski-Laiva Oy puh. +358 400 207 245.
www.koskilaiva.com